MTS CAFE

NOV

16-20

Breakfast 6:30am – 9:30am

Lunch 11:00am – 1:00pm



	M	T	W	TH	F
BREAKFAST	All American Breakfast	Biscuit and Gravy	Breakfast Pizza or Farmhouse Sandwich	Fresh Pancakes Made to Order Sausage and Eggs	French Toast, Bacon and Hashbrowns
SOUP	Chicken Noodle	Chicken Tortilla	Tomato Florentine	Wild Rice	Chefs Choice
ENTREE	NA	Taco/Nacho Bar	Pasta Bar	BYO KFC Bowl	NA
DELI	Chicken Salad on Ciabatta	Fiesta Chicken Wrap	Roast Beef Dipper	Tuna Salad on Croissant	Club Sandwich on Ciabatta
GRILL	Cowboy Burger	Patty Melt	Cuban	Chicken Pesto and Provolone Sandwich	Chicken Tender Sandwich
PIZZA	Hawaiian	Taco Pizza	Supreme Pizza	Meat Lovers	Chefs Choice

Café Manager: Peter Domenick
952-212-7697

Peter.Domenick@corporatechefs.com
Visit us online at: www.mts.corporate-dining.com

Not Made with Gluten Vegetarian Vegan BeWell

FRESH TO GO MARKET

Deli Specials

Monday

Chicken Salad on Ciabatta

House Made Chicken Salad with Choice of Cheese and Topping. Served on Ciabatta Bread Choice of Side

$7.99

Allergens: Milk, Wheat, Soy, Egg, Gluten

Tuesday

Fiesta Chicken Wrap

Southwest Spiced Roasted Chicken, Black Beans, Roasted Corn, Jalapenos, Tomatoes, Crispy Tortilla Strips w/ Avocado Puree, Choice of Ranch or Chipotle Ranch

$7.99

Allergens: Milk, Wheat, Soy, Egg, Gluten

Wednesday

Roast Beef Dipper

Sliced Roast Beef with Provolone Cheese, Horseradish Mayo and Choice of Toppings. Severed with Onion Beef Broth

$7.99

Allergens: Milk, Wheat, Soy, Egg, Gluten

Thursday

Tuna Salad on Croissant

House Recipe Tuna Salad with Choice of Topping. Served on Buttery Croissant

$7.99

Allergens: Milk, Wheat, Soy, Egg, Gluten, Fish

Friday

Club Sandwich on Ciabatta

Turkey, Ham and Bacon on Fresh Ciabatta with Lettuce, Tomato and Onion with Galic Mayo

$7.99

Allergens: Milk, Wheat, Soy, Egg, Gluten

FRESH TO GO MARKET

Grill Specials

Monday

Cowboy Burger

Burger Patty Topped with Bacon, Cheddar Cheese, BBQ Sauce and Fried Onion Ring. w/Side

$7.99

Allergens: Milk, Wheat, Soy, Gluten, Egg

Tuesday

Patty Melt

Marble Rye, Sautéed Onions, Swiss Cheese and Garlic Aioli

$7.99

Allergens: Milk, Wheat, Soy, Gluten, Egg

Wednesday

Cuban

Ham, Pulled Pork, Swiss Cheese, Pickles and a Spicy Mustard Mayo. w/Side

$7.99

Allergens: Milk, Wheat, Soy, Gluten, Egg

Thursday

Chicken Pesto and Provolone Sandwich

Grilled Chicken Breast Topped with Pesto, Provolone Cheese, Served on Ciabatta w/side.

$7.99

Allergens: Milk, Wheat, Soy, Gluten, Egg

Friday

Chicken Tender Sandwich

Choice of Toppings and Sauce w/Side

$7.99

Allergens: Milk, Wheat, Soy, Gluten, Egg

FRESH TO GO MARKET

Breakfast Specials

Monday

All American Breakfast

2 Eggs, Hashbrown, Toast and Choice of Meat

$6.99

Allergens: Eggs, Wheat, Soy

Tuesday

Biscuit and Gravy

One Biscuit Smothered in Gravy with 2 Eggs and Choice of Meat

$6.99

Allergens: Milk, Eggs, Wheat, Soy

Wednesday

Breakfast Pizza or Farmhouse Sandwich

Ham, Bacon, Hashbrowns, Cheddar Cheese and Red Pepper Aioli

$3.99

Allergens: Milk, Eggs, Wheat, Soy

Thursday

Fresh Pancakes, Sausage and Eggs

Two Eggs, 3 Pancakes and a Choice of Links or Patty

$6.99

Allergens: Milk, Eggs, Wheat, Soy

Friday

French Toast, Bacon and Hashbrowns

Homemade French Toast, 2 Bacon Strips and Hashbrowns

$6.99

Allergens: Milk, Eggs, Wheat, Soy

FRESH TO GO MARKET

Entree

Monday
N/A

Tuesday
Taco/Nacho Bar

Beef, Chicken, Tortillas, Salsa, Sour Cream, Olives, Cheese, Cheese Sauce, Lettuce, Jalapeno and Tomatoes. Rice and Beans,

$7.95

Allergen: Milk, Soy, Wheat

Wednesday
Pasta Bar

Chicken Alfredo, Cajun Alfredo, Beef Stroganoff, Meatballs, Roasted Veggies, and Garlic Bread Sticks

$7.95

Allergen: Milk, Soy, Wheat

Thursday
BYO KFC Bowl

Fried Chicken Pieces with Mashed Potatoes, Corn, Gravy, Mac and Cheese, Corn Bread and Roasted Veggies

$7.95

Allergen: Egg, Milk, Soy, Wheat, Anchovy

Friday
N/A

FRESH TO GO MARKET

Soup

MONDAY

Chicken Noodle
Allergen: Soy

TUESDAY

Chicken Tortilla
Allergen: Milk, Soy, Wheat

WEDNESDAY

Tomato Basil
Allergen: Soy

THURSDAY

Chicken and Wild Rice
Allergen: Milk, Soy, Wheat

FRIDAY

Chefs Choice

Cup-$3.79
Bowl-$4.79

FRESH TO GO MARKET

Pizza

MONDAY

Hawaiian
Allergens: Milk, Wheat, Soy, Egg

TUESDAY

BBQ Chicken
Allergens: Milk, Wheat, Soy, Egg

WEDNESDAY

Supreme
Allergens: Milk, Wheat, Soy, Egg

THURSDAY

Meat Lovers
Allergens: Milk, Wheat, Soy, Egg

FRIDAY

Chefs Choice
Allergens: Milk, Wheat, Soy, Egg

FRESH TO GO MARKET

Deli

BREAD
Sourdough | Honey Wheat | Multigrain | Cranberry Wild Rice

WRAPS
Spinach | Jalapeno Cheddar | Wheat

PROTEIN
Sliced Turkey | Smoked Ham | Sliced Chicken Breast | Roast Beef | Chicken Salad | Tuna Salad | Egg Salad

CHEESE
Cheddar | Swiss | Pepper Jack | Provolone

TOPPINGS
Lettuce | Tomato | Onion | Pickles | Bell Peppers | Cucumber | Olives | Jalapeno | Banana Peppers

SAUCES
Mayo | Mustard | Chipotle Ranch | Honey Mustard | Horseradish Mayo | Buffalo | Caesar | Dijon

Sandwich or Wrap no side	**$6.29**
Half Sandwich	**$4.29**
Extra Meat	**$2.99**
Extra Cheese	**$0.79**
Bacon(2)	**$2.25**

FRESH TO GO MARKET

GRILL

Hamburger	$5.19
Hamburger w/ Side	$7.48
Cheeseburger	$5.69
Cheeseburger w/ Side	$7.98
Grilled Chicken Sandwich	$5.19
Grilled Chicken Sandwich w/ Side	$7.48
Chicken Tenders	$5.99
Chicken Tenders w/ Side	$7.78
Grilled Cheese w/ Side	$7.28
Turkey Melt w/ Side	$7.78
Ham Melt w/ Side	$7.78
Garden Burger	$5.19
Garden Burger w/ Side	$7.78
Fries	$2.29
Onion Rings	$2.49
Bacon(2)	$2.25
Extra Patty	$3.50

FRESH TO GO MARKET

Breakfast

OMELETS

Meat and Cheese	$6.79
Cheese	$5.49
Meat and Veggie	$6.79

SPECIALTIES

Breakfast Special	$6.99
Breakfast Sandwich	$3.45
Breakfast Burrito	$4.99
Breakfast Skillet	$6.99
Breakfast Quesadilla	$7.78

EXTRAS

Pancakes(2)	$2.50
French Toast (2)	$2.50
Hashbrowns	$2.49
Egg (each)	$1.75
Bacon(2)	$2.25
Patty or 1 links	$1.50

FRESH TO GO MARKET

Daily Specials

Personal
Gluten Free
Pizzas
$2.79

FRESH TO GO MARKET

Item	$2.95	Item	$2.95
Item	$2.95	Item	$2.95
Item	$2.95	Item	$2.95
Item	$2.95	Item	$2.95
Item	$2.95	Item	$2.95
Item	$2.95	Item	$2.95
Item	$2.95	Item	$2.95
Item	$2.95	Item	$2.95
Item	$2.95	Item	$2.95
Item	$2.95	Item	$2.95
Item	$2.95	Item	$2.95

FRESH TO GO MARKET

Hours

Monday: 8:00am – 5:00pm

Tuesday: 8:00am – 5:00pm

Wednesday: 8:00am – 5:00pm

Thursday: 8:00am – 5:00pm

Friday: 8:00am – 5:00pm

Saturday: 8:00am – 5:00pm

Sunday: 8:00am – 5:00pm